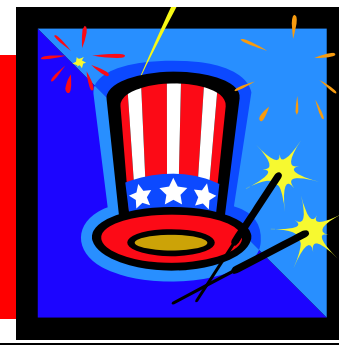




# July 2008



Sun

Mon

Tue

Wed

Thu

Fri

Sat

WOODCROFT CLUB		1	2	3	4	5
		Shag Lessons 7-8pm H <sub>2</sub> O Aerobics 7:15-8pm	2 LAP 6-8am  Tennis Strategy Clinic 7:30-8pm Karate	Pilates 7:15pm H <sub>2</sub> O Aerobics 7:15-8pm	4 NO LAP SWIM Red, White and BOOM! Pool: 9am-7pm	Healthy Moms 9-10am
6 Check your newsletter for Junior Tennis Camp dates! Sundae Friday 2-3pm 	7 LAP 6-8am Swim Lessons II Begin (July 7-18) Karate WC CAMP	8 Shag Lessons 7-8pm H <sub>2</sub> O Aerobics 7:15-8pm	9 LAP 6-8am Tennis Strategy Clinic 7:30-8pm Karate	10 Pilates 7:15pm H <sub>2</sub> O Aerobics 7:15-8pm	11 LAP 6-8am TGIF 6-8pm Durham Bulls Outing Game 7pm Tennis Mixer 7-8:30pm	12 Healthy Moms 9-10am Swim Team Banquet 6pm Pool Closes at 6pm
13 Pool Hours Mon-Thurs 10am-8pm Friday 10am-9pm Sat. & Sun. 10am-8pm	14 LAP 6-8am Karate WC CAMP	15 Senior Potluck 7pm Shag Lessons 7-8pm H <sub>2</sub> O Aerobics 7:15-8pm	16 LAP 6-8am Tennis Strategy Clinic 7:30-8pm Mom/Daughter Massage 4pm Karate	17 Pilates 7:15pm H <sub>2</sub> O Aerobics 7:15-8pm	18 LAP 6-8am Tennis Carnival 6-7pm Tennis Mixer 7-8:30pm TGIF 6-8pm	19 Healthy Moms 9-10am Adult Brewfest/ Kids Movie 8-10pm
20 Swim Lessons III Begin tomorrow! (July 21-Aug. 1) 	21 LAP 6-8am Pilot Pandemonium 10am-12pm Karate WC CAMP	22 Tye Dye Tuesday 3-4pm Shag Lessons 7-8pm H <sub>2</sub> O Aerobics 7:15-8pm	23 LAP 6-8am Tennis Strategy Clinic 7:30-8pm Karate	24 Nature Nuts 2-3pm Pilates 7:15pm H <sub>2</sub> O Aerobics 7:15-8pm	25 LAP 6-8am TGIF 6-8pm Tennis Mixer 7-8:30pm Moonlight Madness Pool 10am-10pm 	26 Healthy Moms 9-10am
27	28 LAP 6-8am Need for Speed 1-4pm Karate WC CAMP	29 Silpada Party 8pm Shag Lessons 7-8pm H <sub>2</sub> O Aerobics 7:15-8pm	30 LAP 6-8am Tennis Strategy Clinic 7:30-8pm Karate	31 Jack Pot Jump 3pm Pilates 7:15pm H <sub>2</sub> O Aerobics 7:15-8pm	Phone: 919.489.7705 www.woodcroftclub.org woodcroftclub@nc.rr.com wcactivities@nc.rr.com	